THE SANCTUARY
An Integral Community

PRODUCT **INFORMATION** SHEET

Supplement Facts

Serving Size: 1 Tablet

Amount per tablet		%DV
Vitamin C (from ascorbic acid)	50 mg	56%
Niacin	20 mg	125%
Folate 85 mcg (50 mcg folic acid)		21%
Vitamin B12 (from cyanocobalamin)	100 mcg	4167%
Potassium (as potassium gluconate)	80 mg	2%
Guarana (seed, extract 4:1)	500 mg	*
Korean Ginseng (root)	10 mg	*
Bee Pollen	100 mg	*

*** Daily Value not established**

OTHER INGREDIENTS: Microcrystalline cellulose, Croscarmellose sodium, Stearic Acid, Magnesium Stearate, Silica.

SUGGESTED USE: As a dietary supplement, take 1 tablet daily, mid-morning for best results or as directed by a physician.

Low energy/fatigue can cause low compliance which leads to low efficacy. Often these patients are likely to reach for a snack such as a candy bar to gain energy which results in energy spurts followed by crashes and further weight gain as this constant snacking on gluten-rich foods can compromise one's metabolism.

SUPER ENERGY is a unique combination of nutrients that work to help the body naturally produce energy.

Guarana Extract: Guarana contains a compound known as guaranine, which is similar to caffiene in its chemical structure. Unlike the caffiene found in coffee, guaranine is released slowly resulting in an energy boost that can last as long as 6 hours without a sudden rush or crash.

Korean Ginseng: Rejuvenates and restores vigour, soothes the intestinal tract and helps to purify the blood. Ginseng has been used for centuries as a component of traditional Chinease medicine for it's natural ability to increase energy, stamina, and circulation of the blood.

Bee Pollen: Bee Pollen is considered one of nature's most completely nourishing foods. It contains nearly all nutrients required by humans. The comprehensive nutrient profile makes Bee Pollen a great source of natural energy. Bee Pollen also contains Lecithin, which helps to eliminate body fat and stimulate the metabolism. Lecithin is a source of choline, which is essential for normal brain function including memory and muscle control.

Vitamin B12: This essential vitamin is involved in the metabolism of every cell in the body, including metabolizing fats, carbohydrates, and protein to increase energy levels.

Potassium Gluconate: Potassium is required for the function of all living cells. Low potassium levels can lead to fatigue, muscle weakness, and cramps. Potassium is also beneficial for balancing fluid and electrolyte levels.

MADE IN THE USA

Learn more. Visit us at: **thesanctuarymd.com**
or call **318.816.4919** for more information

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.