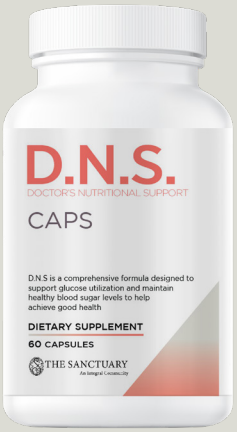
WEIGHT LOSS ESSENTIALS

4-WEEK PROGRAM

APPETITE CONTROL

DIUCAPS—Take 3 Capsules Daily

A therapeutic dose of essential amino acid L-Phenylalanine which acts as a biological precursor to neurotransmitters dopamine and norepinephrine (NE), and helps support normal levels of gut hormones which control appetite and satiety. Studies have referred to L-Phenylalanine as a "potent releaser" of cholecystokinin (CCK), a hormone that can produce feelings of food satisfaction and fullness[1,2].
The result is reduced desire for food and less food intake.



GLUCOSE SUPPORT

DNS—Take 2-4 Capsules Daily

Addressing insulin resistance is vital to the success of any weight loss program. Studies show that patients with insulin resistance have a harder time losing weight, and are more likely to regain weight after weight loss. **D.N.S., Doctors Nutritional Support**, was formulated using therapeutic levels of key ingredients proven to effectively promote healthy glucose metabolism while supporting a balanced nutrient intake vital to any diet or weight loss program.

LIPOTROPICS+METHYLCOBALAMIN

Be Thin—Take 6 Sprays Daily

Be-Thin Lipotropic Spray is an all natural way to lose weight and to maintain a healthy body weight. Be-Thin is composed of essential nutrient groups that increase metabolism and accelerate fat burning.

Be-Thin is a patent pending blend of vitamins, amino acids, lipotropics, and fat burning nutrients. Easy to use - just spray it into your mouth 6 times each day!

THE SANCTUARY
An Integral Community

MADE IN THE USA

Learn more. Visit us at: **thesanctuarymd.com**
or call **318.816.4919** for more information

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.